# VOICE STUDIO INTERNATIONAL TRANSFORMING VOICES



# 10 Day International Workshop for Professional Artists

This is a two-week international workshop for professional artists and anyone who has had previous experience of the Nadine George Voice Work®. It will help to re-source and replenish the energy and creativity which is often spent giving out to others, and allow the individual to re-experience themselves as creative artists in their own right. The COVID pandemic has left its mark on us all and for many changed the way we live and work. In this workshop Nadine will afford participants an opportunity to reflect on where they are in themselves and their work as we all move forward and develop in this new place we all find ourselves in. This workshop will use dialogue from Shakespeares *Measure for Measure* for the text element of the work.

### Date, Venue, Cost

Monday 7th - Friday 18th August 2023 10am - 5pm with 1 hr for lunch

#### Venue

Wallace Studios @ Speirs Lock 210 Garscube Road Glasgow G4 9RR

Price: £1,100\*

\*Payment in full required on acceptance.

# Who is the workshop for?

The workshop is for professional actors, singers, voice teachers, directors, physical theatre and other creative artists who have worked with the Nadine George Voice Work before or who are looking to explore for the first time and work with its founder.

Please note this workshop will take place in English.

## The Workshop

The workshop follows the developed structure of Nadine George Voice Work.

The morning sessions will involve connecting with your physicality and deep source of breath and energy in the body, firstly in pairs then linked to the group. Please note this will involve physical contact between the participants. Next, the breathing work will be taken out into the space while walking so participants can see how they can use and open up the space in the room connected to their own internal space and breath. At the same time this will increase their consciousness of the breathing and the presence of other creative artists. It is followed by a vocal warm up of the Four Voice Qualities© of the technique before each individual releases the sung sound in one quality in more depth, related to the body's impulse. This work on sound, vibration and energy is taken directly into the work on the Shakespearean text. The second week will have a greater focus on work with the text.

#### What you can hope to gain

- renewed energy to continue creating and developing the work in the way you want to
- inspiration to open up new doors for yourself in your life and creative work
- the opportunity to explore the vocal possibilities of the text and to take creative risks in a supportive environment
- the opportunity to reflect on your experience and link this back to your creative process.

### www.voicestudiointernational.com

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# Workshop Considerations

Voice Studio International workshops offer a creative personal research opportunity through a practical and freeing work on the voice. We provide safe spaces for participants to work and support their health and wellbeing. In light of the COVID-19 pandemic we have made extra provision to ensure participant safety as far as is reasonably possible. We are committed to ensuring that our workshops are:

- ✓ Always compliant with current government COVID-19 guidance and the Voice and Speech Trainers Association (VASTA) guidelines for working safely.
- ✓ Held in venues with adequate provision for ventilation and heating.
- ✓ Held in venues with clear and adequate Covid risk assessments and guidance in place that include daily sanitisation of all floors, equipment and common use areas.
- ✓ Undertaken only by participants who are fully vaccinated against COVID-19.
- ✓ Fully resourced with sanitising equipment. Workshop mats are provided though participants are welcome to bring their own mat should they prefer.

### IMPORTANT

Please note that this workshop will use full form NGVW practice, including partner breath work, physical contact between participants and aerosol dispersion. Therefore, with the safety of all participants in mind we require proof of full COVID-19 vaccination upon application.

Please refer to our terms and conditions in relation to workshop fees and cancellation, these terms apply in the event of non- attendance due to a positive COVID test result - VSI recommends all participants consider protecting themselves against any financial loss in the event of unforeseen circumstances which prevent attendance at any VSI workshop.

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# Application

Places on these workshops with Nadine are a highly sought after opportunity for personal and professional development. Participants are restricted to 12 in order to maintain an intense quality of focus on the individual.

Participants are accepted on their real wish and ability to examine themselves in an open and honest way as artists in the company of like-minded others. Within a creative and generous atmosphere the group will engage in high-level practice, discussion and reflection focusing on their own creative artistry before taking this experience back into their work.

If you would like to apply for one of the 12 places available on the workshop please send your professional CV, personal statement and proof of Covid Vaccination status to: the.voicestudio@btopenworld.com

### The Teacher

### Nadine George \*



'I came away buzzing with thoughts and feelings about the interconnectedness of the body, voice, intellect, technique. It was an incredible experience.' Individual participant.

Nadine George, founder of Voice Studio International, trained as an actress at the Central School of Speech and Drama in 1962, studying under renowned voice director Cicely Berry. She went on to work closely with fellow actor Roy Hart, researching work on the human voice and in 1975 was a founder member of the Roy Hart Theatre in Malerargues, France.

Based in England since 1990, and having spent eight years researching the voice at the University of Birmingham Drama Department, Nadine has developed her own voice technique. She now works closely with many international theatre companies and drama schools all over Europe. She has been teaching at the Royal Conservatoire Scotland for the past 20 years, where her work is now the chosen technique taught by the Centre for Voice In Performance.

It has taken Nadine over 30 years of teaching the voice to reach the level and quality of work to which she now teaches today. Nadine has created a practical technique that can be used internationally by actors, voice teachers, directors and anyone wishing to develop their true voice. The work is unique, using the sung sound and linking this directly to the body and to work with text.

In July 2008, Nadine received an Honorary Doctorate of Drama from the Royal Conservatoire Scotland for service to the arts and her lifetime contribution to work on the Human Voice on an international level. In June 2013 the Centre for Voice in Performance at the Conservatoire published the first book charting the growth and development of the Nadine George Voice Work: Growing Voices.

\*In the event the advertised teacher is unable teach this workshop VSI reserves the right to replace the teacher with another appropriately experienced and NGVW accredited voice teacher.